

The Vertical exercises

The fingers are abbreviated I MAP (Index, Middle, Ring, Pinky) and for this set of exercises will always play in this position.

Index Finger for fret 6

Middle Finger for fret 7

Ring Finger for fret 8

Pinky for fret 9

This symbol $\underbrace{\quad}$ indicates both the hammer on and the pull off.

The Index finger is placed on the 6th fret and will remain there throughout the exercise. When a finger comes down on the fingerboard the fingers behind it (ie ones that no longer affect pitch) are Not lifted. When you play the 8th fret (ring finger) the index and middle finger must remain down on their frets.

Play these on the 2nd string in you can, but if that is too hard use the 1st string for now and move to lower strings later.

1 I M M R R P P R R M M I I M
 6 $\underbrace{7}$ 7 $\underbrace{8}$ 8 $\underbrace{9}$ 9 $\underbrace{8}$ 8 $\underbrace{7}$ 7 $\underbrace{6}$ 6 $\underbrace{7}$ etc

2 6 $\underbrace{7}_6$ 6 $\underbrace{8}_6$ 6 $\underbrace{9}_6$ 6 $\underbrace{8}_6$ etc

For Exercise 2, make sure you play each slur distinctly. Assume they are quarter notes ("Bum" in banjo parlance) and allow each note to have its full value. After hitting the 6th fret, hammer up to the seventh, with a smart strike of the middle finger and let it ring out before pulling it off with a short sharp snap toward your left palm. If you are using the 2nd string, your pull off finger, should come to rest against the first string.

3 6 $\underbrace{8}_6$ 7 $\underbrace{9}_7$ 6 $\underbrace{9}_6$

Remember to keep the index finger down throughout, and to use your pinky on the 9th fret. Do your best to keep it curved so it arches down to the fingerboard